

#### 1. SUMMER FOOTBALL



FSC is proud to announce our first Summer Football Competition. *Please support this new competition through your clubs webpage and Facebook pages.* 

This is a great opportunity for us to expand the accessibility of our sport. The senior competition will be run on a Tuesday night for a 10 week period. Details are in the process of being finalised.

http://www.footballsouthcoast.com/news/news-archive/news-single/article/2013/july/fsc-summer-football-is-on/

## 2. ALL AGES ALL ABILITIES PROGRAM

Football South Coast (FSC) is excited to announce our very first All Ages All Abilities Open Day.

Football is such a diverse sport. It can be played across all ages, all skills and any gender. FSC recognised that there was a big part of our community that do not currently have the opportunity to play this 'beautiful game' in our region locally on a weekly basis as part of our mainstream competitions.

These are members of our community that have Cerebral Palsy, Autism, Down Syndrome, Acquired Brain Injury and any other form of intellectual disability.

FSC is delighted to announce that we have been working closely with The Disability Trust to plan an Open Day as part of our All Ages All Abilities Program.

Please refer to the flyer attached. Spread the word. It's a great concept and we are proud to offer our sport to these members of our community.

Over the next few months we will be looking to engage with our junior clubs on how we can offer this competition to these players on a weekly basis with the assistance of the Illawarra Disability Trust.



# ALL AGES ALL ABILITIES FOOTBALL



Everyone has the right to play the beautiful game of football and this includes players of all abilities and of any age. Football South Coast together with The Disability Trust is proud to announce FSC Knights Football Club – a football club for players with all abilities which includes; Cerebral Palsy, Acquired Brain Injury. Down Syndrome. Autism. Asperger's and all forms of Intellectual Disabilities.

The FSC Knights offer an inclusive environment where everyone can enjoy 'the beautiful game' in a fun and modified way to:

- · play football and receive expert coaching
- play the sport in a fun and friendly environment and keep fit and healthy
- · develop social skill, interaction and confidence

What a better way to do this than through the beautiful game of football. As well as improving your football abilities, members and their families have the opportunity to form strong bonds and develop close friendships.

FSC Knights will play other teams as per of a modified mainstream football competition. All coaches are qualified including those that have had specific training through The Disability Trust to ensure we are able to tailor the program to meet all needs.

#### **FSC KNIGHTS FOOTBALL CLUB OPEN DAY**

On the 14th September Football South Coast is hosting an 'All Ages All Abilities' Open Day to allow all interested players the opportunity to have time with our qualified coaches, get some skill based training and play a game. Ben Atkins our very own Paralympic footballer will be part of the day.

When: 14th September

Cost: FREE

Time: 9am and 2pm

(detailed times to be advised)

**RSVP:** Please register your interest by the 7th September 2013

via www.footballsouthcoast.com.

If you have any queries please call the FSC office on 4285 6929.

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# 3. SIERRA LEONES – AMPUTEES PLAYING FOOTBALL

There is a special football club in Freetown, the capital of Sierra Leone, where men are part of the Single Leg Amputee Sports Club, an organisation that is helping to heal the deep wounds of this battle-scarred West African nation.

Some of our football family right here are looking to assist this special Football Club who are in need of help.

You can help by donating old boots, or old soccer shirts, shorts or socks or shin-pads.

If you have any equipment or gear that could be used to send and support this cause please drop them off at the FSC Offices by the end of August.

Here's some more information on this great a cause:

http://www.thenational.ae/news/world/africa/penalties-of-war-sierra-leones-amputees-soccer-club#full

# 4. AIM FOR THE STARS

## http://www.aimforthestars.com.au/

Layne Beachley and her Aim for the Stars Foundation, is inviting all Australian females aged 12 – 26 years who need funding to achieve goals in their sporting, academic, community, business, environmental or cultural pursuits to complete their applications online.

Any hard-working female who is committed to pursuing her passion and needs financial support deserves a helping hand and should apply for an Aim for the Stars 2014 grant by 15th November 2013.

#### Purpose

To help young women further their educational and/or professional development.

#### <u>Overview</u>

The Foundation will award a minimum of \$60,000 worth of grants each year. Successful applicants will receive a financial grant in accordance with the following amounts and conditions:

- \$1,500 "Kickstart" Grant, 12 to 15 years
- \$2,000 "Environmental" Grant, 12 years and above
- \$2,000 "Academic" Grants, 12 years and above
- \$3,000 "Individual" Grant, 16 years and above
- \$3,000 "Business" Grant, 16 years and above
- \$1,500 "Junior Athlete with a Disability" Grant, 12 to 15 years



- \$3,000 "Senior Athlete with a Disability" Grant, 16 years and above
- \$6,000 "Group" Grant, 2 or more people 12 years and above

"Individual", "Business", "Athletes with a Disability" and "Group" Grants will be paid in two instalments. The first instalment will be paid once the successful applicants have been announced. The second instalment will be made upon the Foundation receiving a mid-year update of the applicant's progress.

Grant recipients may be asked to contribute to the Aim for the Stars website by way of photos, interviews and stories about their quest to reach their goals.

#### **Limitations**

Who is eligible to apply?

- Females, 12 years of age and above (core target is girls and women 12 26 years); and
- Females who aim to achieve their goals in their field of choice

Grants will be awarded, at the discretion of the Foundation, to deserving applicants who meet the criteria and best demonstrate their aspirations to further their educational and/or personal development.

Application methods: Online

Website: http://www.aimforthestars.com.au/

Apply at: http://applications.aimforthestars.com.au/login.php?accesscheck=%2Fapplication.php

#### Contact Details

Aim for the Stars Foundation

Address: Megan McGrath Aim for the Stars Foundation PO Box 666 Forestville 2087 NSW

Phone: 0422600733

Email: info@aimforthestars.com.au

# **5. FACILITIES SURVEY**

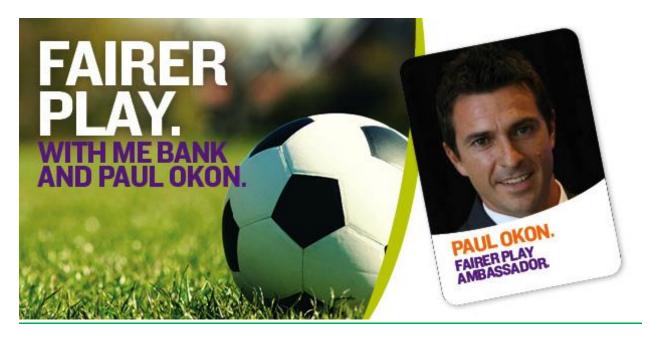
Some time ago an email was sent to all clubs requesting information on the current infrastructure of local grounds through a facilities survey.

Thank you to those clubs who have returned this information. If you have not yet completed the survey, please take the time to complete this as it does serve as a useful tool as we continue to lobby all levels of government for funding to improve the status of infrastructure across football grounds.

Please contact <a href="mailto:admin@footballsouthcoast.com">admin@footballsouthcoast.com</a> if you would like the survey re-sent to you.



# 6. FAIR PLAY AWARDS



A message from Paul Okon (Young Socceroos Head Coach and former Socceroos Captain) and Me Bank:

Fairer Play is at the very core of football. It's how I played the game.

Fairer banking is at the core of what ME Bank stands for. More broadly, ME Bank believes fans, players and Australians always deserve a fair go both on and off the football field.

Football already has a great system for calling out unfair play with its yellow and red cards. Now, ME Bank is bringing a 'green card' to call out Fairer Play.

What's Fairer Play?

Well, it's going that extra step to make sure everyone gets a fairer go. It's like when the other team loses a player to injury and you not only stop playing, but you intentionally turn the ball over to give them a chance to get themselves organised. Or displaying good sportsmanship after a loss, not just the win.

But the fair go sometimes goes unnoticed, or is sometimes only noticed on the big stage. Together, ME Bank and I want to change that! We're committed to Fairer Play and we believe it's time to recognise and reward it, wherever it happens, on or off the field, anywhere among the football community.

So this is where you come in.



Players, coaches, club volunteers, friends and supporters – Nominate a deserving act of Fairer Play at www.mebankfairerplay.com.au and if your nomination is selected as the winning one, you'll win \$10,000 for the player's club and also reward the player with \$500 in an ME Bank Everyday Transaction Account. Not that they'd do it for the money, but it's only fair to shine a light on the examples these people set for the rest of us.

So join us – go to <u>www.mebankfairerplay.com.au</u> and help ME Bank and I bring Fairer Play to the game we love.

Enjoy your football!

# 7. OFFERS FROM SKUR





# 8. Non FSC Competitions

Clubs may have received information pertaining to beach football competition to be played at Wollongong and/or summer competition to be played at King Memorial Park - Warilla, Guest Park - Fairy Meadow.

These competitions are not sanctioned by Football South Coast. Participants in these competitions cannot use the FSC players insurance.

Please promote the FSC Summer and Futsal competitions.