

The Dingo

Dingley Junior Football Club Newsletter



www.djfc.org.au

Here we go again.... Footy's back!!

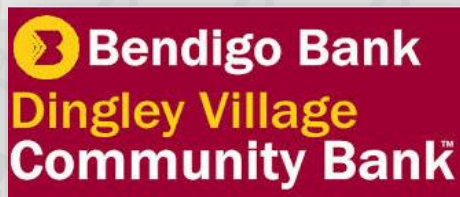
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Sponsors

A huge THANK-YOU all our 2014 sponsors – we hope to have you back on board in 2015





SMJFL 2016 SEASON OPENER



VS



Under 14 Division 1
Friday 15th April 2016 – 6.30PM
Jack Barker Oval – Weatherall Rd Cheltenham

**All SMJFL Players are encouraged to wear
their club jumpers as a show of support for Will.**

Gold Coin Donation upon entry.

**All proceeds go to
The Will Murray Foundation**



**West Coast v Richmond live on the big
screen in club rooms from 8.10pm**

From the President

Welcome to season 2016. The committee would like to extend a special welcome to all the new players at the club and hope you and your families are a part of Dingley for many years to come.

This is the busiest time of the year for the committee and I would like to personally thank them all for their hard work and commitment in getting this season up and running.

NEW LOGO

We are very excited to launch our new logo in 2016. Most of you would be aware of the design and I am very pleased with the overwhelming positivity surrounding the new brand. I heard one recent comment from another club that our logo is now the best in the league.

The new training tops and other items of merchandise with the new logo will arrive soon. It will look fantastic having the boys in the new gear.

COACHES

This season we have a mix of returning and new coaches representing our club. These people along with their team managers and support staff do a magnificent job donating their time and efforts to ensure our players develop as footballers and good citizens. We thank them all immensely.

TEAMS

At this stage we look like fielding 14 teams in the SMJFL in 2016 from Under 8's right through to Under 17 and for the first time an all-girls team in Under 12's. I would like to give a special mention to Chris and Sandy Chalmers for their great work in getting the girls team up and running.

KEY DATES

A copy of all the key dates including social functions, family nights and playing dates are available on our website. Please keep up to date with what is going on and all the results and information by accessing www.djfc.org.au

Also available on the website is a range of information relating to issues on and off the field.

Good luck for the season to everyone and Go Dingoes.

Andrew Gough – President DJFC

Here is all the relevant contact numbers and emails for your team and the club as a whole.

Dingley Junior Football Club

P.O. Box 47, Dingley 3172

Contact List 2016

All Committee			committee@djfc.org.au
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Coaches

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Under 9	David Bose	0430 032 475	bosey94@gmail.com
Under 10 Black	Brad Cardona	0406 623 935	bradcardona@gmail.com
Under 10 Red	Shane Rossborough	0417 544 539	sburra1@hotmail.com
Under 11	Nick Lynch	0433 920 727	sasnbuild@me.com
Under 12 Girls	Brei Abbott	0421 241 889	breizy@hotmail.com
Under 12 Red	Ben Ades	0418 354 322	benades@dingley.net
Under 12 Black	Dave Cowell	0438 569 822	dgcowell@live.com.au
Under 13	Brendan Murphy	0433 131 209	brendan@lowefinancial.com
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Under 16	Brad Leeson	0403 175 611	bclesson1@bigpond.com
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Team Managers

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Under 17	Gayle Davis	gayledavis@optusnet.com.au

Coaches' Corner

Well, the season is now upon us. From a coaching perspective, all 13 coaches have been briefed and prepared and are ready to rock and roll along with their players.

A message to all parents: our coaches aim to mentor, teach and develop your sons and daughters while ensuring all players have fun this year in an inclusive and positive environment. Our coaches have been encouraged to promote an open and transparent relationship with you, and the club hopes the adult groups can ride together in the same direction this season. As a coaching group we are all just striving to make sure your sons and daughters have the best opportunity to play and enjoy their footy. As parents, please remember our coaches – while experienced – are volunteers with a growth mindset. They are continually learning the coaching caper as they develop and grow in their role. The club has challenged them to teach game styles and game plans to suit their respective age groups in line with the senior club's current premierships-winning brand of football. While we aim to be as competitive as possible at junior levels, please don't get frustrated if we do not win every game of football. The Dingley Junior Footy Club has a long-term mindset rather than a short-term philosophy when it comes to player development, player retention and club success with Division 1 sides. Having said that, please barrack and enjoy – and rejoice in the wins when they occur. The coaches need your continual support, and volunteers to put their hands up on game day, to make this season a competitive and enjoyable one. If you haven't done so already, please take the time to watch the club's new educational video. It contains some important messages. You can find the video on the DJFC website.. www.djfc.org.au

A message to all players: listen to your coaches and respect them. All young players crave discipline, challenge, constructive feedback and praise and this is what your coaches will bring to the table this season – along with some new game styles. They're all quality people who know football – so trust in them to help you develop and grow as footballers and as individuals outside the game. Pre-season training has

been of a great standard and you all should be confident in your preparation and processes going into Round 1 and beyond. It's okay to be a little nervous but be confident in how you've prepared for the competitive stuff. Your coaches will remind you of this as they continue to challenge you and develop you as footballers and respectful members of your local community. You're a top bunch of kids and young adults, and the club is very proud of you all. You should be proud of yourselves and believe in yourselves! Have fun playing this year!!

A message to everyone from the DJFC football department: really enjoy season 2016 and strive to be the best you can be. Win, lose or draw we aim to be competitive in the spirit of the game.

The DJFC would also like to announce a new coach for season 2016.

David Cowell takes charge of the U12 Div 5 side this year. David is a familiar face around the footy club, and has assisted other coaches in his time at DJFC. His sporting pursuits include cricket and basketball, and he played senior footy back in the day. Dave is a current field umpire in the SFNL. His focus for his players this season will be to enjoy themselves, get equal opportunity to participate and to develop their skills. His key messages to his players will be to have fun, look after their mates and to improve their own games. He will focus on skills on both sides of the body. The club welcomes Dave to the coaching ranks.

See you around the grounds.

Paul Anderson
Club Coaching Coordinator
coaches@djfc.org.au

Auskick

The award winning Auskick program run at Dingley is back for 2016 from 15th April. Our famous girls group is back again, and we are also excited to introduce a AFL 9's for our grade 3+ group. The girls group will be bigger and better again in 2016 with a fantastic program designed to cater for girls aged 5 through to 11. We've got lots of coaches again to make sure the kids get plenty of direction to improve their skills, but also a lot of fun with many of the activities being game-based.

The AFL 9's program at Dingley Auskick is designed to help our grade 3+ kids learn how to move the ball faster and improve their reaction times. Kids will play 9 a side matches which means a lot more of the ball for everyone. There is no tacking in AFL 9s, so the kids will need to learn to dispose of the ball much more quickly which will assist their ability to make fast decisions in game time situations. Junior coaches are excited about the improvement AFL 9s will have on their junior players and places are filling up fast.

As always, to register for Auskick in Dingley please go to www.aflauskick.com.au and select Dingley as your centre by typing in 3172 as your post code. See you at Dingley Auskick – 2015 Auskick Centre of the Year (Inner Southern Region).

www.aflauskick.com.au

auskick@djfc.org.au

Best Regards

Chris and Sandy Chalmers

Dingley Auskick Coordinators

0405 500 480 / 0425 812 790

Under 8

Welcome to the 2016 Season. As we prepare for our first game, I am very happy with what has been achieved so far this preseason. Our first training night was the hottest Tuesday (I think) on record. Then our second night would have to have been the windiest Tuesday on record. So even with the elements against us, we still had a fantastic turn out. All the kids have been keen to learning at training and all they want to do is have a game which we generally have towards the end of training. I would personally like to thank all the parents that are supportive at training and are prepared to help and who have put their hands up for the roles we had to fill and helping out a game day.

Special thanks to Emma & Darren who are our team managers (juggling this role with their other sons team) and have organised a roster system for all jobs for the season. Our practice match was great, with all boys turning up and having a run. By the last quarter we had the changeover of coloured wrist bands down pat (well sort of!) We have a lot on onballers and forwards, so we will be rotating all the boys through all positions during the game for the rest of the season. This is also part of their development and gives everyone a fair go.

I again wish to thank you all and to all the parents, please do not hesitate to call me should there be any concerns.

We wish all the other age groups good luck throughout the 2016 season.

Aldo Mangoni

Under 10 Black

Welcome to all the new faces seen at preseason this year and at the practice match against Cheltenham.

It's been a fantastic preseason with a large number of kids turning up for both under 10 teams. Some of the things we have been focusing on so far have been increasing the skill level of the kids by having a football in their hands as often as possible. We have also had a large focus on teamwork and team bonding between both under 10 teams. The aim of this season will be to further develop the kids' skills and footballing knowledge with a strong emphasis on enjoyment and team work.

Over the weekend we played our first practice match against Cheltenham and it was great to see the kids buzzing with excitement and the improvements already on show from what has been worked on recently at training.

The support on the weekend from both under 10 sides was great to see as the cheered on each other from the sidelines.

It was a great team effort from all the kids on the day and i look forward to watching the kids develop throughout the season.

I'd like to thank all the parents who have put their hands up to help this season with special thanks to Leanne (team manager), Brooksy (umpire/assistant coach), Darren (runner/ assistant coach) and Nicole (trainer) along with all those that help out on match days.

Lets go dingoes!!

Brad Cardona

Under 12 Girls

The under 12 girls played their first official practice match against Cheltenham last Sunday.

The most dominant word used since that match is quite simply "proud". I said it, the Parents said it, the Chalmers said it and I'm certain the kids were all feeling it..

What an experience, what a moment locked in the Dingley Dingo Football clubs vault for all time! These girls just made history! And it won't stop here.

These girls gave us a cheeky snippet of what they are capable of: team play, support, encouragement, fun and laughter in a game of community footy. And if that's just a snippet, well just wait for the full package.

These girls are about to rock the town of Dingley and I'm so honoured to help lead them on their way to being great footy players and even greater team mates! Go Dingo Girls!!!

Under 12 Red

After a some-what interesting pre-season with selected coaches standing down, hard grading of all players, players leaving for other sports and other clubs, we are fired up and can't wait for the season to start.

Most of the players have grown a foot in height, 2 shoe sizes and look ready to take on the world! By the way when did long hair come back in ???

We have had 10 pre-season training sessions focussed on running in packs and hand balling backwards when we pick up the footy. Our fitness is fair for this time of year.

We have selected a division 5 side and a division 3 side, no matter what side your in its going to be a fun year because after all we are 1 club, doing our best.

The practice match went well against an excellent combined division 1 Cheltenham/Highett side. Some of our passages of play were incredible and made the hairs stand up on the back of all the parents necks.

We look forward to the year ahead.

Thank you to all the parents and support staff for putting their hands up this year,

Good luck to all other teams for the year,

Coach Benny out

Under 13

The boys have come together really well throughout the pre-season in what is a big year for them – going into high school means extra commitments, home work and school camps have been a weekly occurrence. This has meant we have not really all trained together that often.

That said, every session we have had has been better than the last which is all we can hope for. The boys have taken to the plan well, and improved their intensity at training, but we all know they just want to play...

We had our first hit-out against Cheltenham on Sunday and the boys were awesome. The way they shared the ball was great as we won by plenty and had 12 players kick a goal, including 5 from The Fridge, Josh Peacock. It was pleasing to see the boys using handball to set up their teammates and play with skill and intensity. If we keep this up throughout the season proper, I think we will have a great year.

Looking forward to a great season ahead.

Go Dingoes,

Brendan Murphy.

Under 14

Thanks to the exceptional efforts of our parent group and the committee we are both fortunate and excited to now have a team which will contest Division 3 in 2016. This result is particularly rewarding for the core group of young teenagers who have continued to train even when our numbers were daunting.

With one practise match under our belts we can all look forward to the commencement of the 2016 season where our aim is to Be Competitive and to represent our community with Respect and Discipline. Our Team has a wide spectrum of characters and football experience but they all share a commitment to this team which will enable us to create an environment in which we can all enjoy the season no matter the journey ahead.

It's wonderful to be a part of this community and I look forward to meeting you all in the months ahead.

Bill Leggett

Under 15

Hello from the U15's

We have had an interesting run this year with managing numbers being the biggest challenge. This group of boys have had two teams every year through to the U14's, this year's off season has seen a number of player movements - could be to do with free agency!

We began this year with 40 players on the list from last year knowing that a number were leaving to seek opportunities elsewhere in higher divisions or leave to play other sport. We sincerely wish all the boys the very best in their new pursuits. We were also privileged for a group of new players to ask to join our club from another club not in our competition. End result is we have one team, 30 boys and will operate a rotation system so all boys get equal playing time over the year.

We started preseason training on the Sunday the 31st of January at Aspendale Beach and have trained Wednesdays and Sundays since then for a total of 18 training sessions. What has really pleased me has been the boy's desire to be the fittest they can. We averaged around 22 boys every session, which has been great given the competing responsibilities around school sport, other sports - cricket and football and umpire training. The other pleasing aspect so far is that our coaches have asked that the boys take more responsibility for their performance at training and in matches, the leadership shown so far by the majority of the boys is fantastic, being a first year coach it makes my job a lot easier.

Last week we played our first practice match against Edi- Asp U15 second side who play in Div 2 in their comp, we had 28 players they had 18, the game was hard fought with us winning on the scoreboard but again the most pleasing element was the way the boys ran out the game finishing very strongly and by in large following our instructions. However its only a practice game and we have a long way to go.

One swallow does not make a summer, so boys do not get ahead of yourselves!!!

Thanks so far for the great support from Gav Schaeche - Assistant Coach, Rich Simmons - Team Manager and Glen Bertoli - Head Trainer, plus all the other parent helpers on training and match days.

Also thanks to the committee and in particular Ando and Goughy for supporting me in this very interesting endeavour.

Our aim for the season is to teach the boys as much about the game as possible, be as fit as we can be, be respected by opponents, umpires and all spectators, be fair and play hard, but above all our aim is for the boys to have fun.

Pete Wallace

Super Rules

After a turbulent pre-season and some difficulty getting numbers, the Supers ventured to Plenty Valley on Sunday afternoon. Unfortunately, we had quite a few players unavailable which meant we had to forfeit the Supers Seconds game. In our first game in the Premier Division, we tried to cast aside any negatives and get into the footy. Unfortunately, we found ourselves down 6.3.39 to 0 at ¼ time. Our backs were firmly against the wall and the boys could have been forgiven for throwing in the towel. But the Dingley Supers have built a history of teamwork and winning and put their heads down and slowly got themselves back in the game. 9 points down at half-time and we felt we were back in with a chance. Kicking into a 4 goal breeze in the 3rd quarter the boys were simply awesome kicking 4 goals to 1 to take a 10 point lead into the last break. With a few boys injured and out of the game, a fighting spirit was needed and the boys held on for a famous 11 point win. The scenes after the game were of pure elation mixed with a bit of shock. It was a win full of character and the players should feel very proud of their efforts.

Dingley	0.0.00	5.1.31	9.4.58	12.7.79
Plenty Valley	6.3.39	6.4.40	7.6.48	10.8.68

Any Dad's interested in pulling on the boots again are most welcome to join the Super Rules in 2016. Games are every fortnight on Sunday afternoons and we are part of the Vic Metro competition, playing in the Premier Division which is considered the best competition in the country for over 35s football.. Again, this year we will field a reserves and firsts, so typically we will need about 60 players for the season.

It is a great environment and lots of fun, with many family events throughout the year. And the kids love watching their Dad's reliving the glory days!

Training is at Heatherton Oval at 6.20pm on Wednesdays – so come down for a kick and get involved.

Ideas and News

The Dingo is a great tool that the club members and each team can use to communicate to a wide audience.

Send in your match day photos, player milestones or share family news and stories

Any feedback, ideas would be appreciated.

We hope you enjoy The Dingo!

Banger and Ando

Email –

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