

# **NORTHS**

**BASKETBALL**

**2019**  
**JUNIOR REPRESENTATIVE**  
**BASKETBALL HANDBOOK**



**STRONGER TOGETHER**

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## INTRODUCTION

The Northern Suburbs Basketball Association Inc. (NSBA) is a community based not for profit sporting organisation with a North Shore history extending over thirty-seven years. NSBA has a volunteer Board of Directors, comprising of a President, Vice President, Finance Director and three other directors who serve two-year terms and are elected by the members, and provide the Association's direction.

The "NSBA Junior Representative Handbook" contains the guidelines, protocols and other relevant information for Parents, Officials and Players. Representative basketball involves the combined execution of many roles and responsibilities and this handbook serves to inform and educate on how to execute these roles effectively.

Reading and Understanding the expectations and requirements of players, coaches and families outlined in this handbook is essential to participation in the program and accepting a position at NSBA is only possible after the handbook has been Understood and Agreed to.

### STRUCTURE

**CEO:** Graeme Reid

**High Performance Manager:** Thomas Garlepp

**Head Coaches and Managers**

*NSBA reserves the right to override any of the rules, regulations, policies and procedures if deemed to be in the best interest of the program.*

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## MISSION STATEMENT OF JUNIOR REPRESENTATIVE PROGRAM

The purpose of our Junior Representative Program is to develop every player, coach and official to their full potential while fostering a sense of belonging to team and association.

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## OUR VALUES

- We ensure our players, coaches and officials compete in every game with high levels of effort as well as sportsmanship and respect to all participants
- We aim to develop and better our coaches and officials in their performances on the court during competition and off the court as people
- We deal with our members honestly and with integrity
- We display an attitude of gratitude to all members of our association, and others, that allow us to play our great game
- We understand the importance of catering to every individual within an association to achieve successful outcomes
- We understand that while players, coaches and officials may come and go to other associations, we will endeavour to develop people that represent the values of NSBA and not recruit Players from other Associations



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## JUNIOR COMPETITION SCHEDULE

### NUMBER OF REPRESENTATIVE TEAMS

In general, NSBA will enter three teams of each gender age groups (U12s, U14s, U16s and U18s). However entries will depend on several factors including player availability, talent pool, coaching resources and training venue availability, in which case a fourth team may be entered providing the resources allow for this.

### AGE GROUP GUIDELINES (JUNIORS)

- Within a 3 team age group there must be a minimum of 12 bottom age players. Any exceptions must be approved by the High Performance Manager and will be assessed on a case-by-case basis
- Within a 4 team age group, there must be a minimum of 20 bottom age players. Any exceptions must be approved by the High Performance Manager and will be assessed on a case-by-case basis
- A maximum of two transfers are permitted per team per age group from other Representative Associations competing in the Waratah Metro Junior League. Where a player has moved into the NSBA District or has been playing in the NSBA local competition for 2 or more seasons NSBA may consider a variance to the number of transfers allowed however NSBA must always comply with the BNSW by law on transfers

### HOW MANY PLAYERS WILL BE SELECTED?

- Each junior team consists of 10 players. The selection of development players for any representative team is at the discretion of NSBA and the rep committee, based on Head Coaches requests

### THE WARATAH METRO JUNIOR LEAGUE

The Waratah MJL is a Basketball New South Wales competition that is made up of 18 clubs from the greater Sydney area. These clubs are: Bankstown, Blacktown, Blue Mountains, Camden Valley, City of Sydney, Glebe, Hawkesbury, Hills, Hornsby Ku-Ring-Gai, Inner West, Liverpool, Macarthur, Manly-Warringah, Norths, Penrith, Springwood, St. George and Sutherland

There are 4 “age groups” U12s, U14s, U16s and U18s for boys and girls. In most age groups there are at least 2 divisions and there can be up to 4 divisions.

Divisions are most often broken into 8 teams and are determined by a combination of previous year’s results and pre-season qualifying games, played in February / March.

The season consists of 14 rounds in the regular season followed by playoffs.

The structure of playoffs is based on the number of teams in the division. Some divisions can qualify for State Championships or State Cup depending on that year’s qualification criteria.

*NSBA’s U12s and U14s team inclusion in the Eastern Junior League is determinant upon the results of our upcoming application.*



## BASKETBALL NEW SOUTH WALES AND BASKETBALL AUSTRALIA TOURNAMENTS

The following tournaments are organized by Basketball New South Wales and Basketball Australia. They require qualification through the Waratah MJL season and when our teams qualify for these tournaments all team members are expected to be available for all games.

### State Cup

The State Cup is for the top ranked Division Two sides in the State. Teams must be invited by Basketball NSW to compete.

### State Championships

Open only to the top Division One sides from all NSW leagues. Teams must be invited by Basketball NSW to compete. WJMC forms the first round and qualification period for the State Championship.

### U14s Australian National Club Championships

The top two teams in U14s Division One, along with the top two Country teams, will qualify for this tournament. This tournament is generally held in the holiday break between terms 3 and 4 and is hosted by associations across the country.

## OPTIONAL TOURNAMENT INFORMATION

On top of the Waratah MJL and the state and national body tournaments your coach may be interested in competing in additional tournaments during the course of the year.

It is important to note that the tournaments below are not compulsory parts of participation in the Junior Representative Program. Families who do not want to participate in these tournaments **do not have to** and any pressure to participate from anyone should be reported to the Coaching Director.

### Optional tournaments for teams / players:

#### Gosford Coastal Classic Tournament

This tournament is usually played on a weekend in February (Friday night, Saturday and Sunday games) and provides our coaches with a chance to evaluate player progress, the team's needs and what specific areas of the game that the team need to improve in. This tournament also provides an excellent chance for the team to bond early in the year.

#### The Melbourne National Junior Classic

Held over the Queen's Birthday long weekend in June this event is regarded as the premier club tournament in Australia, attracting teams from all over the country. Entry to this tournament is limited to division one teams and is by invitation only.

#### Nunawading Spectres Tournament

Held over Queen's Birthday long weekend in June this tournament sees more than 380 teams competing from across Victoria, NSW, SA, QLD and Tasmania and is open to all teams.

**NSW Country Cup**

This tournament offers an excellent alternative to the Melbourne tournaments. It is held in regional centres closer to Sydney over the Queen's Birthday weekend and offers teams the chance to play against the strongest country teams in NSW.

**Process for participating in optional tournaments**

Where team coaches are interested in participating in optional tournaments the manager of the team is to ask the families in the team if they are interested and available.

If there is a quorum of players who are committed, the manager is to collect the team fees for games and other costs to be shared amongst the team members who are participating. Once each player has paid the position is then confirmed.

The High Performance Manager is the **ONLY** person permitted to enter the team into these tournaments.

**3x3 tournaments**

3x3 is a fun and exciting basketball format that is growing rapidly. With many tournaments becoming available to our players, we encourage eager and active participation as a way to experience both high levels of enjoyment and development within basketball. All relevant 3x3 tournament details will be supplied to NSBA representative players via the club website and players handbook.



## THE ANNUAL CALENDAR

Below is a basic outline of the events during the typical calendar year for the representative season. It is advised that you develop your own calendar to plan your year. This is to ensure you are aware of key dates that cannot be missed.

<b>October / November:</b>	Rep Trials are held for the upcoming 2019 season and representative teams are announced.
<b>December:</b>	Deposit is due for upcoming season. Teams often hold team meetings or get together on the court for extra trainings.
<b>January:</b>	Teams will meet for bonding sessions or extra trainings, communication will begin to increase as many teams choose to compete in the Gosford Coastal Classic. Any new information regarding pre-season competitions will be advised via the club website.
<b>February:</b>	School starts, Gosford Tournaments for many teams, BNSW hold WMJL pre-season games to see which teams qualify for which divisions.
<b>March:</b>	The WMJL regular season begins
<b>April:</b>	School Holidays, Basketball Australia U18 Nationals Tournament
<b>May:</b>	Term 2 starts, regular season continues
<b>June:</b>	Melbourne Classic, Nundawading and BNSW Country Cup tournaments are held on the Queen's birthday weekend
<b>July:</b>	School Holidays, Hibernation Camp* <sup>1</sup> , WMJL playoffs begin the Sunday before school returns for term 3* <sup>2</sup> . Basketball Australia U16s Nationals Tournament.
<b>August:</b>	State Championships, State Cup, Senior Reps Final Four Weekend!
<b>September / October:</b>	Basketball Australia U14s Club Nationals. 2020 rep trials begin.

\*<sup>1</sup> Following the success of the 2018 Hibernation Camp, this event will again take place in 2019. This camp will be held in July with firm dates yet to be announced. **Attendance at this camp is viewed as an expectation.**

Coaches have been given permission to allow playing time in games to reflect not only attendance but also attitude, enthusiasm and performance at Hibernation Camp.

The camp is designed to aid all of our teams in preparation for the first playoff game.

Applications for players seeking exemption from this camp must be made in writing to their team's Head Coach well in advance (minimum 6 weeks).

\*<sup>2</sup> Athletes attempting to obtain college scholarships by touring the USA during the NCAA July Evaluation Period will be encouraged to pursue that goal. The issue of this calendar conflict has been flagged with BNSW and it has been agreed that any rep teams affected will have the opportunity to reschedule games if need be.

*All alterations/additions to the annual calendar will be announced and made clear to NSBA members via the club website.*

## TRAINING SESSIONS

These sessions are trainings covered by your rep fees and are part of the official program. They are the **ONLY** trainings that are held during school term and organized by NSBA staff. Court space is very challenging to secure and we are committed to providing 2 trainings a week to all of our teams. Some teams may have to train before school.

- You must arrive at training venues **10 minutes prior** to the start time and in the **correct uniform** (NSBA Sportility Reversible training singlet and black shorts – no other club or team colours may be worn). If you need to be taped this must be done well in advance and you should be ready to start practice 5 minutes before practice begins
- You must have a water bottle and your own ball (every player is expected to bring a ball to training)
- Upon arrival to the courts players are expected to warm up and begin their **Norths Shooting Prep Program** (supplied in the players handbook) if there are spare hoops
- If you cannot attend training or are running late for training, the coach must be contacted directly before the session commences
- When injured you are still expected to attend training (unless you are receiving treatment for your injury at that time). If you are sick and possibly contagious you should not attend training
- If you have an injury that will affect your performance in either a game or training session you will need to inform your coach directly
- If you have missed games/training due to an injury you must provide a medical clearance before you resume training/playing
- After a prolonged absence due to injury you will need to prove game fitness, training attendance and knowledge of team plays etc. prior to being returned to the playing roster
- Factors such as Coach and or venue availability may affect the schedule. These trainings may be weeknights or Saturdays depending on the availability of the coach and training venues. All trainings are compulsory, an injury or non-contagious illness is not an acceptable excuse. It should be noted that absence from training may affect a player's court time

*The training schedule is yet to be confirmed.*

### Extra Training Sessions

These are sessions that the coach requests players to attend. These are NOT compulsory and there is to be NO penalty for not attending. These trainings may incur an additional cost to rep fees.

## LOCAL COMPETITION

All junior representative players are required to play in the NSBA Local Competition. Players will be deemed to have taken part in Local Competition by qualifying for finals. If there is a legitimate reason a player cannot fulfil this commitment they will need to apply in writing to the Representative Manager for an exemption.

## NSBA SUCCESS DEFINITION

At the NSBA representative program, we define success in terms of whether our players;

- Improve as basketballers
- Improve as people
- Endeavour to play reps for NSBA again



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## PLAYER EXPECTATIONS

Be prepared to create your own luck. If you want to experience positive results on court, you must be prepared to put in the requisite amount of hard work. Trust that your coach and the representative program are in place to help you achieve your goals. We will provide you with feedback, answer questions that you have, and if you provide the program with respect and attend to details provided, you will have the best chance for success.

- **Committed:** Commitment to the values of NSBA and a player's respective team is at the forefront of NSBA for all members of the representative program. Imperfection is a guarantee of basketball, but a full commitment to the effort and responsibilities that come with being a representative basketballer are an expectation
- **Competitive:** NSBA representative players are expected to display a competitive spirit in every drill of every session, and every possession of every game to ensure each player can be the best they can be
- **Strive to Execute:** In a team environment, players take on all sorts of roles and responsibilities. With the understanding that the combination of successful execution of all roles together leads to success, it is important that NSBA representative players strive to execute the role clearly assigned to them by their representative coach
- **We before Me:** While NSBA players understand the importance of executing their own role, it is expected that there is an understanding from every player that the greater good of their team and NSBA as a whole comes first. WE ARE STRONGER TOGETHER
- **Respectful:** The actions, words and overall behaviour of representative players toward all people in and outside of the basketball community are to be respectful of all.
- **Grateful:** A game of representative basketball takes the efforts of many. From the Head Coach of your team, to the person that sells you your Powerade at the stadium, Norths players take time to appreciate the efforts of everyone involved in allowing us to play this great sport at a high and competitive level

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## PLAYER DISCIPLINARY ACTION

- **Technical Foul:** Any players who receive technical fouls will be subbed off the court. It will be at the coach's discretion whether the player will take further part in the game or whether further action in the form of court time restrictions will be taken
- **Disrespectful behaviour:** Any players who engage in behaviour deemed disrespectful to members of NSBA, referees or opposition will be subbed off the court. A second offence will lead to said player being left off for the rest of the game
- **Training:** Failure to be punctual or to appear at training sessions may result in the coach deciding to limit a player's court time (without valid/approved excuses). Failure to adhere to player expectations during a training environment may also lead to a player receiving court time affected sanctions from their coach
- **Off court behaviour:** If a Norths player is found to be behaving in a manner negatively affecting the reputation of NSBA, their coach will be informed, and it may result in limited playing time

All further incidents will be reported to NSBA High Performance Manager. Any further action taken will be at the sole discretion of the High Performance Manager.

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## PLAYER COMMUNICATION

- The cornerstone of successful basketball is communication. Any issues with a teammate or opposition player should be communicated with coach or manager
- No arguing or negative communication with referees during games. Any problems will be communicated with coach or manager
- Use positive communication and encouragement toward teammates

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## PARENT COMMUNICATION

Please support the whole team during games and trainings, not just your son or daughter. The coach is to be the only source of technical feedback to the players. Coaching from the sidelines is never appropriate regardless of your knowledge of the game.

Parents also need to be careful about discussing team issues in front of their children. If you speak negatively about a coach, player or referee, your child may adopt the same negative attitude. We are looking for positive players and positive support from parents.

We do encourage you to be vocal in your support for our teams. However, do not make negative comments to the opposition, the referees or other team members; as stated earlier in this document, all these parties are worthy of respect.

Parents must understand that our coaches are encouraged both intrinsically and from their High Performance manager to invest a great deal of time and effort into the development of your child as players and people. Parents must also understand that coaches are given the task of making objective decisions in regard to your son or daughter with respect to what is best for the team and club. We do understand that there will be some contentious decisions. Effective communication between yourself and the coach is the key to addressing any issues you may have with the coach's decision. If you have positive feedback this may be brought up at any time. However, if you have issues that need resolving then please follow the appropriate process (outlined below).

1. Do not approach the coach in front of other players and supporters.
2. Wait 24 hours before talking to the coach. Most problems won't seem as big after some time to think through the issues first.
3. The team manager should be included in the discussion as an objective opinion for any non-basketball matters.
4. If a solution can not be reached then the matter should be referred to the NSBA High Performance Manager. Should a suitable outcome still not be reached, the issues will be heard by the NSBA CEO.
5. Parents are expected to follow the above process. It will ensure that everyone communicates with each other honestly and openly. NSBA are unlikely to look favourably on your situation if you have not attempted to follow the correct procedure.

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## GAMES

- Players must be ready to play at the time designated by their coach
- This includes official Norths rep uniform, shoes, team socks, club warm-up shirt, drink bottles and anything else they need to play
- If players require strapping this should be done before the coach requests they be ready
- During games there are to be no parents around the bench area at any point in time
- Players are to bring enough water for the entire game, a 2-litre bottle may be needed
- At no time are parents to approach the bench area for any reason unless requested by the coach

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## COURT TIME

Representative basketball is a highly competitive program and playing time is never guaranteed. Some players will play more than others and coaches will have different philosophies on rotating their players. With the exception of Under 12's where all players must play in both halves, players have no guaranteed court time. Court time will be allocated at the coach's discretion. Players will improve their chances of gaining additional court time by adhering to expectations set by NSBA with regard to attendance, punctuality, behaviour, appearance and attitude towards their coaches, team mates, referees and extended members of the basketball community. Increases in court time can also be found by demonstrating improved playing ability. While coaches are urged to discuss court time and be clear how players may be able to increase their playing time, ultimately playing time is at the coach's discretion.

NSBA requires their coaches set their playing time rules and guidelines early in the season following consultation with the High Performance Manager, factoring attendance, punctuality, attitude and whether players have honoured their expectations, into their equation. Standard exemptions include school commitments, BNSW/National commitments, personal tragedies/hardships, American college tours (not training sessions).

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## UNIFORMS

All players must wear the official Norths uniform for games, warm ups and trainings. No other team colours, brands, logos, or non-Norths merchandise will be accepted. Players may wear any Norths branded, Sportility merchandise to and from games.

**Your kit consists of:** a Playing Uniform, Socks x2 pairs, Warm Up Shirt, Reversible Training Singlet, Polo Shirt.

1. **RESPECT** the kit, look after it (remember: lose it and you need to buy the lost item yourself)
2. You **REPRESENT** Northern Suburbs Basketball Club, it's important we look the same on the court at training and games...WE ARE 1 CLUB...we are STRONGER TOGETHER
3. Outside team clothing and apparel (for example: NBA / NBL) cannot be worn on the court at games OR training
4. When playing **official Rep matches you MUST** wear your uniform, socks and warm up shirt
5. At training sessions, you **MUST** wear the Rep Reversible Training Singlet (no other rep items need to be worn) – black shorts preferred
6. For formal Norths activities and events, you **MUST** wear your Polo Shirt (you will be informed prior when required)

Coaches and managers have been instructed that if players are not wearing the official Norths Rep uniforms they will **NOT** be able to take the court in games or training.

All players at Norths have a specific number assigned to them. We will hold a uniform fitting day for all new players and orders will be taken. NSBA are proudly supplied their apparel and uniforms by Sportility, who will distribute a complementary uniform to all new NSBA representative players. All returning players will already have their own uniform. If the uniform is lost, damaged or becomes too small, the player will be required to purchase a new one. Any replacement items must be purchased prior to the start of the season

Under garments, such as compression wear, may be worn however they must be black, no other colour is permitted, as per BNSW guidelines.

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## JUNIOR REP FEES

Junior Rep Fees have been set at \$950 for the 2019 season.

The fee schedule is as follows:

- Deposit due 1<sup>st</sup> December 2018 = \$150
- Final balance payment due 31st January 2019 = \$800

A discount of 10% will be given for each additional child from a family

Child 1 \$950

Child 2 \$855

Child 3 \$769

Fees also include:

- Free entry to all NSBA senior games
- Free casual shooting
- Player only entry to the annual awards night

Norths reserves the right to suspend any player's participation in the program due to that player not paying their fees.

Cases of genuine financial hardship can be brought to the attention of the High Performance Manager in writing. Any requests for financial assistance will be dealt with in confidence and on a case by case basis. The review process for cases of financial hardship will be diligent and will take up to 10 business days to determine.

NSBA reserves the right to prevent any previous non-financial representative players from trialling and participating in the NSBA representative program.

## TEAM SELECTION

Open selection trials for eligible players, will be held on a date, and at a venue, to be determined and publicised by NSBA each year.

### SELECTION ELIGIBILITY

To be eligible for selection players must:

- Acknowledge that they and their parents (if minors) are prepared to operate within the policy and guidelines set out in the 2019 NSBA Representative Program Handbook
- Be registered with Basketball NSW and registered/affiliated with NSBA
- Must attend the full trial process as determined by NSBA (Any absences must be explained, communicated in advance and approved by NSBA)
- Pay the trial fees of \$58, prior to the first trial date via the Norths website ONLY
- Currently play Local Competition at NSBA or acknowledge in writing the requirement to play
- Complete a BNSW permission to trial form if previously played representative basketball for another Association
- Players can only stand for selection in their own age division. A junior athlete (U18 only) is able to stand for selection in a senior division; however the athlete must ensure that their first commitment is always with the junior team, in both training and competition. Junior players are not permitted to represent at senior level without fulfilling junior representative commitments

### SELECTION CRITERIA

The following factors will be considered during the selection process:

- Ability to compete at a Metro or NSW Junior Championships
- A history of commitment to NSBA and Local Competition
- Player/Parent/Guardian history of behaviour in relation to the NSW Zero tolerance policy/Codes of Conduct
- Demonstrated high level of performance at selection trials
- Athletic ability, desire and dedication to become a player at the highest possible level
- Potential to be socially compatible and display a sense of “team ethic” within a group
- Highly receptive to coaching and highly co-operative within the team coaching environment
- Demonstrated attitude displaying excellent self-discipline and standards of personal behaviour
- Outstanding desire and commitment to working hard at improving mental, physical and basketball skills
- Team needs/balance
- Junior age group guidelines (top/ bottom age players)
- Junior age group Transfer Rule
- Any other criteria selectors see fit to apply in helping them to select the teams that they believe will be best able to represent NSBA Basketball

### Special circumstances which may apply to make players eligible for selection

Any player who believes that they have a legitimate reason for being unable to comply with any part of the selection eligibility, selection criteria and/or procedures may appeal in writing to NSBA Basketball to be considered in the selection process along with the other players. NSBA Basketball reserves the right to consider each case on its merits and the decision of NSBA Basketball will be final. Legitimate reason may include but not limited to such situations as:



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- Being unable to trial because of injury/illness. (Medical evidence must be provided)
- Inability to gain release from an elite sports program or school event. (Written evidence must be provided)
- A prior family commitment. Eg Wedding, family holiday

NSBA Basketball may choose to provide team selectors with a list of approved players who are unable to attend selection trials but who will be considered for selection along with players attending trials. Selection will then be undertaken based on the merits of all the eligible players to the best of the selectors' ability and knowledge. It is not intended that being on this list will either enhance or prejudice players' chances of selection. Nor is it intended that not being on the list will enhance or prejudice the chances of the players in attendance at trials.

Additional players may be introduced throughout the trial process should NSBA deem their participation to be in the best interests of the team and the program.

## SELECTION PROCEDURES FOR NSBA REPRESENTATIVE TEAMS

- Subjectivity is an unavoidable element of selection to any representative team
- The selection panel for each team will consist of the High Performance Manager and the Coaches of each age group division as appointed by NSBA
- Where possible, the selectors will attend all selection trials
- The decisions of the selectors will be final, subject to the appeals process
- Players unable to trial may also be considered but only where their absence is pre-approved by NSBA
- The procedure for reduction of players in the squad will be as follows:
  1. At the conclusion of each trial, the coach will congratulate all players who attended trials. No announcements will be made on the day
  2. A list of successful squad members will be forwarded to the High Performance Manager, who will then publish the list on the NSBA website <http://nsba.com.au> by the date outlined in the trial schedule
  3. Successful players will be informed of the next squad training that they must attend plus any other appropriate information through the NSBA website. This procedure will occur for all reductions of the squad as required by the selectors
- The final team will be selected and announced at the proposed date outlined in the trial schedule.
- Procedure as follows:
  1. Each team will be reduced to the ten (10) team players plus a maximum of two development players. The team announcement will be made via the NSBA website. Those successful will be informed of the next training session plus any other appropriate information through the NSBA website
  2. Players who have not been selected may request feedback from their coach via the High Performance Manager

NSBA Representative Coaches may apply to NSBA to vary these selection procedures for their team in that year only, where they believe that special circumstances exist which justify a modification. The selection procedures may only be modified with the prior approval of NSBA.

In exceptional circumstances where NSBA deem that changes are to the benefit of the program and the team NSBA may decide to:

- Add additional development players
- Add players to the roster after team selection

*NSBA reserves the right to override any of the rules, regulations, policies and procedures if deemed to be in the best interest of the program.*

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## COACHING EXPECTATIONS

NSBA is committed to providing its representative players with the best coaching available. Coaches at this level of basketball can be of varying standards and can have noticeable strengths and also areas for growth. Your understanding and support of this situation is invaluable in the continued building of our club's coaching ranks. As a club we are committed to character first and coaching acumen second.

The club offers support for all coaches through coach education, mentorship and support, and the provision of mental/emotional development techniques and resources. Many of our young coaches also participate in BNSW programs that further lead to their growth and development

While we are yet to announce coaches, over the last two decades we have shown a proven ability to aid young coaches in their development towards becoming recognized experts in their field. While we are committed to their development, they will also be required to adhere to our standards in our coaches handbook which pertain to professional conduct, communication in all contexts, personal appearance, language and social media usage.

It also should be noted that many of the coaches in our program are involved in external coaching. Whether it be schools, private enterprise or for other basketball organizations. We acknowledge this and understand that any conflict of interest in the representative selection process, as well as any conflict that could affect thought process of coach toward player will be considered and coaching appointments will be made in an effort to completely eradicate this train of thought.

NSBA is committed to providing high quality representative coaches to its members, to ensure this, we pay our coaches an amount at the end of the season that is, in comparison to other clubs in NSW, significant. Part of what makes NSBA successful is an opportunity for coaches to grow as coaches and people, and we will endeavour to simultaneously provide growth opportunities for players and coaches alike.

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## TRAVEL AND TOURNAMENT POLICY

The chance to travel and play in tournaments away from home is a unique experience for all young people. Previous NSBA representative teams have been excellent ambassadors for our club and in order to continue this tradition, we advise these rules in advance:

- An official team schedule must be established prior to departure, by the team staff for the whole time away, including but not limited to, team meetings, video analysis sessions, trainings, games, team dinners etc.
- NSBA officials (coaches and managers) are instructed to be firm but fair with all members of the touring party with any problems reported to NSBA or parents
- NSBA officials will determine the course of action for disruptive behaviour. Punishments can range from limited court time to suspensions and even being sent home
- It is custom for teams to contribute to the cost of coaches expenses for these tournaments. In order to aid our coaches with the cost of these tournaments a \$150 / day guideline is provided (\$15 per family per day). This is a guideline only and the amount provided, if any, is determined by the families in the team that are choosing to go
- We strongly urge teams to engage in demonstrations of camaraderie, unity and support for their fellow NSBA teams who may also be taking part in the same tournament
- Tour members are required to wear NSBA Sportility branded apparel to, from and at the competition venue, on flights/buses to the tournament and at any competition function

### The Law

- Players or guests under the age of 18 are not to consume or supply alcohol or illegal substances under any circumstances. If a junior consumes alcohol they will be sent home
- If you break the law be prepared to be sent home

### Accommodation

- Junior Team members will be accommodated with their parent(s)
- Should a parent of a Junior member be unable to attend, another parent within the team can act as guardian. Each player must have their own bed
- Team management may set room curfews at night. Juniors will be required to stay in their rooms after this time
- Families must be permitted to book their own accommodation, coaches may request for the team to all stay at the same hotel however this is simply a request and cannot be enforced
- All team members must make their own bookings at hotels and anyone who chooses to block book an amount of rooms does so at their own risk
- For mixed gender tours, boys and girls are encouraged to mix but must do so only in the common room areas of the hotels. Boys and girls are not permitted in each other's rooms at any time
- Any damages or charges incurred at the accommodation will need to be paid for by the person or people responsible

These rules are designed to ensure all group members enjoy team travel. We cannot cover for every contingency, so use common sense and be responsible for your actions.

If you have any issues whilst you are on tour these should be communicated to the NSBA Officials.



# PARENT and PLAYER AGREEMENT

## 1) Players

- I will always play by the rules
- I will embody the Norths values and player expectations in my behaviour on and off the court
- I will never argue with an official
- I will control my emotions when angry or upset
- I will not use bad language
- I will display modesty in victory and grace in defeat
- I will not use and/or abuse drugs or alcohol
- I will respect the rights, dignity and worth of people involved in the game, regardless of gender, ability, religion, cultural background or impairment
- I will thank the opposition, score bench and officials at the end of the game
- I realise that there are consequences for breaches of these Codes of Conduct, some of which are severe

## 2) Parents

- I will embody NSBA core values
- I will instil NSBA values and player expectations within my child
- I will give positive comments that motivate and encourage continued effort
- I will focus on my child's and their team's character and effort - not the result
- I will help when asked by coach, official or administrator
- I will not arrive at the venue intoxicated or drink alcohol at junior matches
- I will respect the rights, dignity and worth of people involved in the game, regardless their gender, ability, religion, cultural background or impairment
- I realise that there are consequences for breaches of these Codes of Conduct, some of which are severe
- I give permission for my child's image to be recorded, stored and used for promotional material, social media, and other advertising purposes and for ongoing coach education

***This form must be signed and returned to Thomas Garlepp before any players can participate in any compulsory practices or any games.***

Player Name: ..... Signed: .....

Parent or Guardian Name: ..... Signed: .....

Gender: ..... Age Group: ..... Date: .....

**Participation in the Norths JRP for both player and parent/guardian is conditional upon acceptance of the terms laid out in the player and parent / guardian agreement (above).**



# **NORTHS**

**BASKETBALL**

## **2019 JUNIOR REPRESENTATIVE BASKETBALL HANDBOOK**



**STRONGER TOGETHER**