

Sailing School

PMYC is a Yachting Australia Discover Sailing Centre.

Whether you've never sailed before or are just a bit rusty, PMYC can get you on the water and enjoying our fantastic sport.

PMYC has a team of qualified Instructors who can take you from your first experience of sailing through to racing.

We teach the basic skills of sailing through the nationally recognised Yachting Australia "Discover Sailing" training program. This program has been developed to provide a safe introduction to dinghy sailing. The Discover Sailing program progressively builds skills as you become more confident. For beginners, there are two initial stages of training.

Start Sailing 1	You will be taught the basic skills and knowledge required to rig a dinghy, launch and sail off the beach, and enjoy being out on the water.
Start Sailing 2	You will build upon the experiences and knowledge gained in Start Sailing 1. By the end of this course, trainees will have the knowledge and skills to rig and sail a dinghy independently

Fees

Basic sailing training is provided free of charge to PMYC members. However, there is a registration fee of \$50 per student to cover costs of YA registration, textbook and logbook.

Dates and Times

The Start Sailing 1 & 2 training usually requires between six and eight 3-hour training sessions. Sessions are held on Saturday mornings from 8:30am to 12:30.

2015 Dates: Oct 17, 24, 31, Nov 7, 14, 21, 28, Dec 19

2016 Dates: Jan 30, Feb 6, 13, 20, 27, Mar 5, 19, Apr 2

Each training session is tailored to suit the conditions and the skill level of participants. You may start at any time and attend as your time permits. Trainees are also encouraged to participate in club activities on Saturday afternoons. You will have the opportunity to volunteer as race crew, or to go on-water with the rescue boats during races.

The course includes:

- Instruction
- Use of boats, lifejackets and other safety equipment
- Yachting Australia registration, logbook and textbook
- At the conclusion of training, trainees will be assessed and receive a YA certificate appropriate to the level of achievement. YA certificates are recognised Australia-wide.

Equipment

The club will provide boats and safety equipment.

Students should come with comfortable clothing that may be worn in the water. A wetsuit is ideal, but shorts and warm top and jacket will be OK. Enclosed footwear is essential; bring an old pair of running shoes to protect your feet. Be Sun Smart and bring a hat and sun screen. Finally, remember to bring a towel and change of dry clothes to wear after sailing.

Venue

The classes are held at the Port Melbourne Yacht Club. We sail from the beach next to the clubhouse.

Swimming skills

Students should be confident treading water and able to swim a short distance.

Enrolment Process

Prospective students must complete a membership application form noting that they plan to participate in Sail Training. Your membership application will be processed and membership fees will be invoiced after the application has been accepted.

Contact

Tony Rogers

Phone 9699 4908

e-mail: training@pmyc.asn.au